You Can Do It!

*Confidence *Persistence

*Organisation *Resilience

*Getting Along
Your keys to success!

YOU CAN DO IT!

The five foundations of the You Can Do It! Program are:

- Confidence
- Persistence
- Organisation
- Getting Along
- Resilience

These are the five keys to being or becoming, a successful person. Part of the program also entails having a positive attitude - that’s why the program is called You Can Do It! Each term we focus on a different foundation.
**Confidence**
Confidence means that you will be successful at many things you study. It means not being afraid to make mistakes or to try something new. Our values associated with confidence are: courage, assertiveness, creativity and excellence.

**Persistence**
Persistence means trying hard and not giving up when schoolwork feels like it’s too difficult or boring. Examples of persistent behaviour are continuing to try even when school work is hard, not being distracted by others and checking work when it’s finished to make sure it’s correct. Our values associated with persistence are: enthusiasm, patience, purpose and determination.

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**Organisation**
Organisation means setting a goal to do your best in your school work, planning your time so that you are not rushed, having all your supplies ready, and keeping track of your assignment due dates. Our values associated with organisation are: responsibility, cleanliness, flexibility, orderliness, reliability, self-discipline, moderation.

**Getting Along**
Getting Along means working well with teachers and classmates, solving problems without getting too angry, and following the rules of the classroom. Our values associated with getting along are: respect, caring, honesty, tolerance, consideration and friendliness.
Resilience means to bounce back. Sometimes we may have a problem or not feel very happy with someone or ourselves. Resilient people will be able to use their skills to bounce back from their not so happy times and look forward to happier times in the future. At Jells Park Primary School we don’t work on Resilience as a separate foundation. Instead we acknowledge that all of the four other foundations need resilience for support.
Draw pictures of you at school.
Goals for 2008

My learning goal is

My personal goal is
A PROFILE OF ME AT SCHOOL!

Name: ___________________________
Age: _______        D.O.B. ____________
Grade: _______        Room: ____________
I am in __________________________ House.

My class teacher is __________________________

Other teachers who take some of my classes are:

Art: _______________________________________
Mandarin: __________________________________
Music: _____________________________________
Physical Education: __________________________

Our School Principal is _________________________
& Assistant Principal is _________________________
My name is __________________________
I am _________ years old.
I am in grade _________ in room _________
My teacher’s name is ___________________
I am in ________________________ House.
Some of my school friends are: ___________
____________________________________
____________________________________
My favourite things at school are: