



Tuesday 19 March

2024 House Athletics Monday 22 April

Dear Parents and Carers.

The annual House Athletic Sports event is a highlight on the athletic calendar. This year's House Athletics will be held at Bill Sewart Athletics Track, in Burwood East, on Monday 22 April 2024 and will involve students from Level 4-6.

Bill Sewart Athletics Track, 330 Burwood Hwy, Burwood East Venue:

(behind the Nunawading Basketball centre)

Events start at 9:30am (students will be travelling by bus from school at 9am) **Starting Time:**

Finishing Time: 2:30pm approximately

Events: The format for the day involves students in six groups rotating through six

> different events, gaining house points for their own achievements, with the emphasis on all participating to the best of their ability. Events include long

jump, triple jump, 100m sprint, hurdles, shot put and discus.

Voluntary events include 200m sprint and the 800m.

Participation:

Age groups are the same as for the Cross Country so that all students will only be competing against themselves and students in the same age group. All students will be expected to participate in the six rotations with an emphasis on performing to the best of their ability with only the 200m and 800m being voluntary events. If there are medical reasons for your child not to participate, please communicate this to me at **d.jenkins@jpps.vic.edu.au** prior to the event.

Parent Helpers:

To ensure both these programs run well, we need the assistance of several parents to help with recording points, judging of races, marshalling and general organisation. We are asking that volunteers who are able to assist to complete the following online form: https://forms.gle/ka884nK1S8env3Jj9

All parent helpers will need a current Working with Childrens Check and have presented it to the office prior to the event date.

Cost & Permission:

The cost of participation in House Athletics Sports and the recent Cross Country event is \$15.80 which covers hire of venues (Bill Sewart & Jells Park), equipment, first aid officers and buses for the athletics.

LIST OF REQUIREMENTS FOR SPORTS

- School shirt with House color insert
- Runners and appropriate comfortable clothing (track pants and windcheater most suitable)
- Cut lunch including adequate drinks (refillable plastic **not glass or cans**)
- Sun hat/sunscreen, raincoat/jacket (determined by weather)
- Asthmatics are required to bring any medication they require.

Permission & payment via Sentral

Permission & payment of \$15.80 to be provided via the Sentral app or portal by Monday 15 April.



Yours sincerely,

Darren Jenkins PE Teacher & House Sports Coordinator