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22 February 2019

2019 House Athletics Wednesday 13 March

Dear Parents,

The annual House Athletic Sports will be held at the Knox Athletics Track. The Knox Athletics Track is located along Bunjil Way off Ferntree Gully Road where there is ample car parking space outside of the stadium. The sports will be on **Wednesday 13 March 2019** and the activities will involve all children from Levels 4-6 for the full day (10:00am to 2:30pm).

The format for the day involves students in six groups rotating through six different events, gaining house points for their own achievements, with the emphasis on all participating to the best of their ability. The students will be grouped according to the following age groups:

Under 9/10 - students DoB 2009 or 20010

Under 11 - students DoB 2008

Under 12 - students DoB 2006 or 2007

To ensure this year's program runs well, we will need the assistance of a number of parents to help with recording points, judging of races and general organisation. We are asking for volunteers who might be able to assist for the <u>full day</u>, ie. 9:00am-2:30pm **OR** <u>morning session</u> 9:00am – 12:30pm only **OR** <u>afternoon session</u> 12:30pm – 2:30pm only. We also need 2-3 parents to help set up equipment from as early as 8.30am.

The cost of participation in the House Athletics Sports will be \$9 which covers hire of venue, equipment, first aid officer and buses for the day. The permission form and payment needs to be completed on Qkr by Wednesday 6 March.

LIST OF REQUIREMENTS FOR SPORTS

- School shirt with House color insert
- Runners and appropriate comfortable clothing (track pants and windcheater most suitable)
- Cut lunch including adequate drinks (refillable plastic **not glass or cans**)
- Sun hat/sunscreen, raincoat/jacket (determined by weather)
- Asthmatics are required to bring any medication they require

Scott Zachariassen Interschool Sports Coordinator

Payment to be completed online with Qkr

Please finalise the payment on Qkr by 6 March 2019. This item can be found under the Sports heading in the Payments section.

