

Jells Park Primary School

Swimming Program Guidelines

Rationale

Swimming and Water Safety are significant areas of the Health and Physical Education Program provided at Jells Park Primary School.

Aims

1. To provide an Intensive Swimming and Water Safety Program which develops vital survival skills and understandings for all participants.
2. To provide opportunities and guidance for the development and mastery of effective stroke, breathing and kicking techniques in a variety of water sports.
3. To develop personal aquatic fitness, co-operative group skills and problem solving strategies related to water based activities.

Implementation

1. Swimming lessons are part of the class program for students in Years 1 to 5 and as such all students are expected to attend.
2. The Swimming Program is conducted within Year and/or Area Levels. Students attend the Program each school day over the Swimming Program period.
3. All lessons are conducted by qualified instructors who are employed at the selected venue.
4. The overall ratio of instructors to students is 1:8.
5. Students are encouraged to bring their swimming logbook each year so that it can be updated as a record of progress.
6. Dates for the Year 5 Swimming Program are, if possible, prior to the District Swimming Sports.
7. All Year 5 and 6 students will be provided with the opportunity to try out for places in 50 metre events for the District Swimming Sports via a Time Trial selection based on times recorded during either the school Swimming Program or the Time Trial session.
8. Students selected to swim at Zone Level, or above, will be given support and encouragement to participate.

Swimming Sports

1. Selection of students for 50 metre events are based on times recorded during the school Swimming Program and the Grade 5 and 6 Time Trial session.
2. Once swimmers have been placed in the 50 metre events, children will be allocated an event each for their gender/age/year level in the smaller pool. A second event in the smaller pool will be allocated only if all who are eligible and able have already been placed.
3. Selection of children for the smaller pool events will be based on both recorded swimming times and the children's preference for particular fun events.
4. Students who have attended the Swimming Program or the Time Trials may make themselves available for the smaller pool events only but will be encouraged to swim at a level appropriate for their ability.
5. Placement of students in events is the responsibility of the Interschool Sports Coordinator.
6. No student is eligible to participate in the Swimming Sports unless they have participated in the Swimming Program or the Time Trial session.